



### Location

The NSU Psychological Services for the Emotionally Distressed Program is part of the Psychology Services Center located on the main campus of Nova Southeastern University.

**Maltz Building**

3301 College Avenue

Fort Lauderdale, Florida 33314-7796



# NSU Psychological Services for the Emotionally Distressed



PSYCHOLOGY SERVICES CENTER THERAPY AND TESTING



## About Our Program

The PSED Program serves individuals ranging in age from four to adulthood who exhibit some manifestation of a thought or mood disorder and demonstrate serious emotional disturbance consistent with a diagnosis of any major affective or psychotic disorder. Individuals may exhibit symptoms such as depression, mania, hallucinations, delusions, poor social development, interpersonal difficulties, lack of self care, social isolation or withdrawal, peculiar behavior, or odd beliefs.

## Services Provided

### Clinical Services

The PSED Program provides treatment services to adults, adolescents, and children with serious emotional disturbance. The type of services offered include

- Individual Psychotherapy
- Family Therapy
- Marital Therapy
- Psychological Testing

The main therapeutic approach used in this program is based on psychodynamic principles and can be described as collaborative, insight-oriented, intensive, long-term talk therapy. However, in order to meet the individual needs of our clients, an eclectic approach to therapy is used overall. Therapy focuses on exploring the past and present in order to create a more satisfying and adaptive future for our clients.



## Consultative Services

Consultation services are available for medical personnel, professional agencies, educators, and school personnel in the South Florida region. They should contact the program coordinator at (954) 262-5834.

## About Your Therapist

Experienced doctoral trainees in clinical psychology provide all services under the close supervision of Jan Faust, Ph.D., a licensed clinical psychologist. She has extensive experience as a clinical practitioner, supervisor, consultant, educator, and researcher.

## How Do I Become a Patient?

You can inquire about our services by contacting the program coordinator at (954) 262-5834. When you call, you will be asked to provide some information about yourself or your child, so that we may help you determine if our program is right for you. If our program is not a good fit for you, we can direct you to a more appropriate program.

## Fees

Nova Southeastern University Psychology Services Center (NSU-PSC) provides services at affordable rates, based on a sliding scale.

## Clinic Hours

By appointment only  
Monday–Thursday, 9:00 a.m.–9:00 p.m.  
Friday, 9:00 a.m.–5:00 p.m.

**For more information regarding fees for services or an appointment, please call (954) 262-5730, or email [psed@nsu.nova.edu](mailto:psed@nsu.nova.edu).**

**Visit our Web site: [www.nova.edu/psed](http://www.nova.edu/psed).**

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