



### Location

The NSU ADHD Assessment, Consultation, and Treatment Program (AACT) is part of the Psychology Services Center located on the main campus of Nova Southeastern University.

#### Maltz Building

3301 College Avenue

Fort Lauderdale, Florida 33314-7796



PSYCHOLOGY SERVICES CENTER THERAPY AND TESTING

# NSU ADHD Assessment, Consultation, and Treatment Program (AACT)



## About Our Program

The ADHD Assessment, Consultation, and Treatment (AACT) Program serves children, adolescents, and young adults (ages 2 to 22) demonstrating behavioral problems consistent with a diagnosis of ADHD—attention deficit hyperactivity disorder.

## Program Highlights

### Comprehensive Evaluations Consistent with School Board Standards

Our comprehensive evaluations begin with the administration of a semi-structured parent interview and collection of normative ratings of child, parent, and family functioning. We also conduct psycho-educational testing using measurement tools approved by your county. Unlike many evaluations, we routinely observe children at school, inside and outside of the classroom setting. Finally, teacher interviews are conducted to obtain information about academic and social functioning. We tailor our evaluations to address specific referral questions in a manner that is individualized and appropriate to the emotional needs of each child and each classroom (as well as providing data necessary for making IDEA or 504 accommodations possible).

### Behavioral Consultation in the School Setting: Fostering a Connection Between the Home and School

It is common for children with ADHD to exhibit social and academic impairment in the school setting. Our therapists routinely visit the children's schools to observe classroom behavior. Therapists also work with teachers and school psychologists to develop individualized behavioral programs that coordinate school and home-based interventions, thus building a partnership between families and the school.

### Training for Schools and Community Agencies

The AACT Program is committed to educating members of the community about the diagnosis and treatment of ADHD. For this reason, we offer free in-service trainings for schools, parents, and community groups within Broward, Miami-Dade, and Palm Beach counties.

## State-of-the-Art Assessment and Intervention at Reasonable Cost

The AACT Program is directed by David Reitman, Ph.D., a clinical psychologist with more than 15 years of experience. He has published extensively with an emphasis on parenting, oppositional behavior, and ADHD. Reitman provides close supervision of psychology trainees who conduct thorough empirically based evaluations designed to yield practical recommendations for parents and teachers. Moreover, our services can be delivered at a very reasonable cost, and full evaluations can be completed within about four to six weeks.

## Client Information

### How Do I Become a Client?

You can inquire about our services by contacting the program coordinator at (954) 262-5912. When you call, you will be asked to provide some information about your child and family so that we may help you determine if our program is right for your family. The screening process takes only 15 to 20 minutes, so do not hesitate to call. If our program is not a good fit for you, we can direct you to another program.

Services are available to children, adolescents, and young adults regardless of race, color, sex, age, nonqualifying disability, religion or creed, or national or ethnic origin.

### How Much Will I Pay?

The Psychology Services Center is a fee-for-service facility that provides services at affordable rates.

### How Long Will It Take?

Assessment services are generally provided during two three-hour sessions. During the first session, parents are asked to complete initial paperwork, provide background information, and complete rating scales concerning the child's behavior and family functioning. Before the second session, a school visit is conducted and teacher ratings are obtained. At the second session, both the parent and child are interviewed and psychoeducational testing (if necessary) is conducted. By the end of our second session (usually completed by the end of the second week), we are ready to make preliminary recommendations for treatment and follow-up care.

### Can I Choose My Therapist?

Many parents request male or female therapists or wish to have a Spanish-speaking therapist. Whenever possible, we try to accommodate the wishes of our clients.

## What Will Therapy Be Like?

The AACT Program is founded on a behaviorally based approach that can be described as

- collaborative
- educational
- problem-focused
- time-limited
- practical
- positive

Our goal is to consistently deliver effective, science-based solutions to common problems affecting ADHD-diagnosed children and their families. One important assumption made in our clinic concerns the need for parental leadership and willingness to make changes in the home environment and/or family management practices. A key assumption of our model is that parents are important agents of change. However, while we view parents as "response able," we do not assign blame or waste valuable time in treatment attempting to determine who is at fault for child problems. Instead, we focus on helping families to better use available resources and begin moving toward solutions.

## About Your Therapist

Doctoral trainees in clinical psychology provide all services under the careful supervision of David Reitman, Ph.D. Prior to joining the AACT Program, trainees have completed rigorous coursework in assessment and intervention for children and typically have amassed years of experience with children and adolescents.

## Clinic Hours

By appointment only

Monday–Thursday, 9:00 a.m.–9:00 p.m.

Friday, 9:00 a.m.–5:00 p.m.

**For more information or an appointment, please call (954) 262-5730, or email [adhd@nsu.nova.edu](mailto:adhd@nsu.nova.edu).**

**Visit our Web site: [www.nova.edu/adhd](http://www.nova.edu/adhd).**

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