



MOTHER OF OUR REDEEMER

CATHOLIC SCHOOL

September Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL Labor Day	4 Sandwich Ham-Turkey Cheese Chips Fruits Milk	5 Chinese Rice Egg roll Plantain Fresh Fruits Milk	6 Chicken Tenders French Fries Garden Salad Jell-O Milk	7 Baked Ziti Caesar Salad Garlic Bread Fruits Milk
10 Chicken Milanese Mashed Potatoes Corn Fruits Milk	11 Peppered Steak White Rice Red Beans Sweet plantains Fruits Milk	12 Pasta w/ Alfredo Sauce Caesar Salad Fruits Milk	13 Chicken Fricassee White Rice Vegetables Jell-O Milk	14 Mac & Cheese Garden Salad Fruits Milk
17 Spaghetti & Meatballs Green Beans Fruits Milk	18 Grilled Chicken Yellow Rice Garden Salad Fruits Milk	19 Pizza Caesar Salad Fresh Fruits Milk	20 Chicken Teriyaki White Rice Vegetables Apple Sauce Milk	21 Steak Sandwich Chips Fruits Milk
24 FIRST DAY OF SCHOOL Chicken and Rice Sweet Plantains Garden Salad Fruits Milk	25 Hamburger French Fries Garden Salad Fruits Milk	26 Ground Beef White Rice Black Beans Fruits Milk	27 Chicken Fajita Chips Fruits Salad Milk	28 Lasagna Caesar Salad Fruits Milk

PK3-PK4 Daily Lunch Cost \$3.75
Kinder-8th Daily Lunch Cost \$4.75