



MOTHER OF OUR REDEEMER

CATHOLIC SCHOOL

November Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Ground Beef White Rice Black Beans Fruits Milk	2 Sandwich Ham/Turkey Cheese Chips Fruits Milk
5 Baked Ziti Caesar Salad Garlic Bread Fresh Fruits Milk	6 Chicken Teriyaki White Rice Vegetables Fruits Milk	7 Hamburger French Fries Garden Salad Fruits Milk	8 Pasta Alfredo Caesar Salad Fruits Milk	9 Chicken Fricassee White Rice Vegetables Fruits Milk
12 VETERAN'S DAY NO SCHOOL	13 Soft Tacos Chips Garden Salad Apple Sauce Milk	14 Chinese Rice Plantain Egg Roll Fruits Milk	15 Chicken Nuggets French Fries Corn Fresh Fruits Milk	16 Spaghetti & Meatballs Green beans Bread Fruits Milk
19 Shredded Beef White Rice Black Beans Fruits Milk	20 Grilled Chicken Yellow Rice Green Beans Jell-O Milk	21 EARLY RELEASE No After Care Harvest Lunch 	22 Thanksgiving Break	23 Thanksgiving Break
26 NO SCHOOL	27 Baked Chicken Yellow Rice Sweet Plantain Garden Salad Jell-O Milk	28 Lasagna Caesar Salad Fruits Milk	29 Chicken Fajita Chips Garden Salad Fruits Milk	30 Beef Stew White Rice Red Beans Fruits Milk

PK3-PK4 Daily Lunch Cost \$3.75
Kinder-8th Daily Lunch Cost \$4.75