



MOTHER OF OUR REDEEMER CATHOLIC SCHOOL

January Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7 Ground Beef White Rice Black Beans Fruits Milk	8 Chicken Tenders French Fries Garden Salad Fresh Fruits Milk	9 Baked Ziti Caesar Salad Fresh Fruits Milk	10 Chicken Fricassee White Rice Vegetables Jell-O Milk	11 Steak Sandwich Chips Fruits Milk
14 Chicken Fajita Chips Salad Fruits Milk	15 Spaghetti & Meatballs Green beans Bread Fresh Fruits Milk	16 EARLY RELEASE Grilled Chicken Yellow Rice Green Beans Jell-O Milk	17 Sandwich Ham/Turkey Cheese Chips Fruits Milk	18 Chicken Teriyaki White Rice Garden Salad Jell-O Milk
21 NO SCHOOL Martin Luther King Jr.	22 Mac & Cheese Caesar Salad Fresh Fruits Milk	23 Chinese Rice Plantain Egg Roll Fruits Milk	24 Hamburger French Fries Garden Salad Fruits Milk	25 Baked Chicken White Rice Red Beans Jell-O Milk
28 Pepper Steak White Rice Vegetables Fruits Milk	29 Pasta Alfredo Caesar Salad Fruits Milk	30 Chicken and Rice Sweet Plantains Vegetables Fruits Milk	31 Soft Tacos Chips Garden Salad Fruits Milk	

PK3-PK4 Daily Lunch Cost \$3.75
Kinder-8th Daily Lunch Cost \$4.75