



**MOTHER OF OUR REDEEMER**  
CATHOLIC SCHOOL

## **Athletics Handbook**



# ***Athletics Handbook***

"Mother of Our Redeemer Catholic School's mission is to be a Christ-centered school that instills excellence in learning, Catholic values, and service to the community within the framework of the Gospel."



# MOTHER OF OUR REDEEMER CATHOLIC SCHOOL

## POLICIES

**Athletics.** MOR offers a sports program throughout the school year for both boys and girls in grades 1-8 and competes in the Catholic Athletic League.

**Philosophy.** School athletics provide a wonderful opportunity for students to broaden the scope of their overall education. Those involved with school athletics will focus on the following goals:

1. Participation: All athletes should be given playing time.
2. Sportsmanship: All athletes treat officials, coaches, peers and opponents with respect.
3. Development: All athletes should learn basic fundamental skills for his/her particular sport.
4. Pride: All athletes need to be proud of being a part of the MOR Athletic Program.

**Academics.** The school requires athletic students to maintain a C average in each class. If an athlete's grade falls below a C average, that subject's teacher will notify the athletic director. Students will be given a deadline to improve their grade to a C average. Upon that date, if the athlete has not improved his or her grade, the athlete will be suspended from all practice and games for one week.

**Conduct.** MOR believes that students who are selected for the **privilege** of membership on teams should conduct themselves as responsible representatives of the school. In order to assure this conduct we enforce a Code of Conduct.

1. Maintain the highest level of sportsmanship and conduct at all times.
2. Respect players, coaches and officials at all times.
3. Respect the privilege of having the opportunity to play and represent MOR.
4. Each coach has the right to establish additional rules pertaining to the activity they are supervising.

### **Parent Guidelines**

1. Sign and return the code of conduct.
2. Support the athlete's code of conduct.
3. Introduce yourself to the coach.
4. Be a role model for your son or daughter.
5. Discuss any concerns about your son or daughter with only the coach.
6. Encourage others to attend games and support MOR.



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**School Attendance.** Students must be in school to participate in athletics. On game days, students must attend at least four hours of the school day in order to participate. Numerous unexcused absences may result in loss of playing time.

The administration of MOR reserves the right to discipline, suspend or dismiss an athlete from participation due to academic conduct, behavior or attendance compliance. Any student that does not satisfactorily complete the season will not be eligible for any award given for that sport.

**Dress.** The dress code for school on game days is the decision of the administration. Students must follow any guidelines that are set by the administration.

**Transportation.** Parents are responsible for transportation to and from all practice and games. Parents need to be **ON TIME**, as a courtesy to the coaches. Directions to game sites will be listed on the game schedule.

**Uniforms.** Uniforms will be purchased by the parents. Students must wear the uniform only to school games. If permitted, the uniform top can be worn to school on game days. If a player is missing any part of the uniform, that player may not be allowed to participate in the game that day.

**Tryouts.** The school is sensitive to the needs of the athletes during the tryout period. It is the school's desire to see that as many student athletes as possible are involved in the program during the athletic season. Unfortunately, limitations are placed on sizes of teams for each sport.

### ***Tryout Procedures***

1. All tryouts are closed with only candidates and coaches attending. Parents are to drop off and pick up at the time indicated.
2. Choosing the members of the various athletic teams is the responsibility of the coaches.
3. Before tryouts begin, the athletic director will provide team information to all candidates and parents of the team. Such information shall include: length of tryout period, location and time of tryout, objectives used to select the members of the team, number of team members that will be selected.

**Athletic Awards.** MOR likes to recognize all members of a team. Therefore, all members will receive some type of acknowledgement. The athletic year will conclude with a sports banquet which will include all athletes and their parents.



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### **Guidelines:**

- Only athletes who finish the season will be recognized at the sports banquet.

**Coaches/Parents.** All individuals working directly with athletes must have the following:

1. Fingerprinting
2. Background Check
3. Attend a Safe Environment training class, Virtus
4. Stay up to date with the Virtus readings.
5. Play Like a Champion Today certified

These requirements are mandated by the Archdiocese of Miami and supported by Mother of Our Redeemer. The safety and well- being of the students are our priority.



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## Athletic Participation Contract

Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

I hereby request MOR to grant permission for my student to participate in MOR athletics. I understand that I am entering a voluntary contract between myself, the parent of a Mother of Our Redeemer school student, and Mother of Our Redeemer for participation in school sponsored athletic activities.

I agree to cooperate with and support the rules and regulations of the Archdiocese of Miami, of Mother of Our Redeemer, and to be governed by these rules and regulations as announced to me by the pastor or principal of Mother of Our Redeemer, as published in the Student-Parent School Handbook, the Student-Parent Athletic Handbook, and as announced or published in other places by the school administration. I understand that I must be familiar with and accountable for these rules and regulations and the policies and procedures which govern participation in athletics representing Mother of Our Redeemer.

As a player, my student understands that he/she must fulfill all religious and academic responsibilities to MOR and Parish, and conduct himself/herself as a committed Catholic in school, outside of school, and in particular at any activity involving athletic competition representing MOR. My student agrees to be bound by the rules and regulations regarding athletics and to submit himself/herself voluntarily to the application of the rules.

As a parent of a MOR athletic participant, I understand my responsibility and obligation to see that my student fulfills his/her religious and academic responsibilities including school work and homework assignments and complies with the rules and regulations for participation in MOR athletics. I further agree that as an adult I will conduct myself in a responsible and mature Catholic manner at all times at all games, that I will show respect for authority, and will engage in no activity or conduct which in any way is disrespectful, combative or confrontational, or questions the jurisdiction of the pastor, school principal, coach, officials or anyone connected with the conduct of Mother of Our Redeemer activities.

As player and parent, we acknowledge that a violation of the rules and regulations may result in forfeiture of ability to participate in athletics representing Mother of Our Redeemer.

Our signatures mean that we understand and accept these conditions for the participation of our student and family, which are binding through our student's graduation from MOR.

STUDENT NAME (please print): \_\_\_\_\_

STUDENT SIGNATURE: \_\_\_\_\_

PARENT NAME (please print): \_\_\_\_\_

PARENT SIGNATURE: \_\_\_\_\_

PARENT EMAIL (please print): \_\_\_\_\_



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### Mother of Our Redeemer Athletic Transportation Permission Slip

This transportation permission slip is required in order for your athlete to be transported to and/or from an athletic event and will cover the entire school year for this sport. No student will be allowed to be transported from Mother of Our Redeemer to an athletic event unless this signed permission slip is on file with the school.

ATHLETE'S NAME (please print):

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PARENT/GUARDIAN'S NAME (please print):

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My son/daughter has my permission to ride with the following parents:

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\*\*\*This form will be kept in the office.\*\*\*



# MOTHER OF OUR REDEEMER CATHOLIC SCHOOL

## C.A.L. Sportsmanship Contract

### Coaches are expected to:

- Treat players, parents, opponents, and officials with respect.
- Teach and inspire players to love the game and compete fairly and in a sportsmanlike manner.
- Demonstrate by example the type of person he/she wants the players to be.
- Respect and abide by all C.A.L. rules and regulations.
- Report any breach of conduct by their athletes to the appropriate school authority. The student will be subject to the appropriate disciplinary measures according to their schools and the C.A.L. board members when severe issues occur.

### Player are expected to:

- Treat opponents with respect.
- Adhere to all C.A.L. rules and regulations in regard to sportsmanship and participation.
- Demonstrate self-control.
- Respect and accept all official's calls and decisions without gestures or arguments.
- Win with dignity, lose without excuse.
- The good of the team always comes first.
- Show respect for your coaches, the opposition's coaches and players and the officials.
- Adhere to all school and team rules.
- Conduct yourself at all times in a manner that represents high character standards and good sportsmanship.

### Parents are expected to:

- Be positive role models at athletic contests. Your son/daughter will be very aware of your behavior.
- Be supportive of the coach. The team is the coach's responsibility, not the parents.
- Your job on the sidelines is to encourage both teams through acknowledging great plays, effort and heart.
- Communicate with the coach and create a positive supportive working relationship.
- Realize that as the coach he/she is an educator and therefore understands the sport he/she is coaching and the proper behavior for that sport.
- Remember the primary value of athletic participation is to provide our youth with an opportunity for self- development, physically, emotionally, and mentally.
- Respect the judgment of the officials and refrain from openly criticizing each and every call the official makes.
- Be aware that if a parent conference is desired with the coach that it is highly inappropriate to speak with the coach regarding this at the conclusion of an athletic event. Wait until the next day and call for an appointment with the coach.
- Understand and respect the different roles of parents, coaches and officials. Parents should parent, coaches should coach, and officials should officiate, and each should be treated with respect for what they do.

Coach signature \_\_\_\_\_ Date \_\_\_\_\_

Participant signature \_\_\_\_\_ Date \_\_\_\_\_

Participant name (please print) \_\_\_\_\_

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_



## **STUDENT-ATHLETE AND PARENT COMMITMENT FORM**

**I have read the information in the Mother of  
Our Redeemer Athletic Handbook.**

**I am aware of the obligations of being a  
student athlete and will abide by the  
information and regulations contained in this  
handbook.**

**X** \_\_\_\_\_

student-athlete

**X** \_\_\_\_\_

date

**As a parent I will foster the commitment  
of my child and will abide by the  
information and regulations contained in  
this handbook.**

**X** \_\_\_\_\_

parent

**X** \_\_\_\_\_

date