



MOTHER OF OUR REDEEMER

CATHOLIC SCHOOL

September Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| | 1 Steak Sandwich Salad Chips Fruits Milk | 2 Rice & Chicken Sweet Plantains Garden Salad Jell-O Milk | 3 Spaghetti Ground Beef Caesar Salad Fruits Milk | 4 Hamburger French Fries Salad Fresh Fruits Milk |
| 7 NO SCHOOL | 8 Beef Fricassee White Rice Vegetables Jell-O Milk | 9 Chicken Nuggets French Fries Corn Fruits Milk | 10 Baked Ziti Caesar Salad Fruits Milk | 11 Grilled Chicken Yellow Rice Garden Salad Fruits Milk |
| 14 Ground Beef White Rice Black Beans Jell-O Milk | 15 Chicken Sandwich French Fries Salad Milk | 16 Macaroni & Cheese Caesar Salad Fruits Milk | 17 Chicken Fricassee White Rice Vegetables Jell-O Milk | 18 Soft Tacos Chips Garden Salad Fruit Milk |
| 21 Pasta Alfredo Caesar Salad Fruits Milk | 22 Rice and Chicken Sweet Plantains Garden Salad Jell-O Milk | 23 Sandwich Ham/Turkey Cheese Chips Fresh Fruits Milk | 24 Steak & Rice Black Beans Sweet Plantains Fruits Milk | 25 Soft Tacos Chips Garden Salad Fruit Milk |
| 28 White Rice Chicken Lentils Fruits Milk | 29 Macaroni & Ground Beef Vegetables Fruits Milk | 30 Chicken Tenders French Fries Corn Fruits Milk | | |

PK3-PK4 Daily Lunch Cost \$3.75
Kinder-8th Daily Lunch Cost \$4.75