



MOTHER OF OUR REDEEMER CATHOLIC SCHOOL

November Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Ground Beef White Rice Black Beans Sweet Plantains Fruits Milk	3 Macaroni & Cheese Caesar Salad Fresh Fruits Milk	4 Grilled Chicken White Rice Red beans Salad Jell-O Milk	5 Hamburger French Fries Garden Salad Fruits Milk	6 Baked Ziti Green Beans Garlic Bread Fruits Milk
9 Teriyaki Chicken White Rice Vegetables Fruits Milk	10 Hot Dog Chips Fresh Fruits Milk	11 NO SCHOOL VETERAN'S DAY	12 Spaghetti Meatballs Garden Salad Bread Fruits Milk	13 Chicken & Rice Sweet Plantains Garden Salad Fruits Milk
16 Peppered Steak White Rice Black Beans Jell-O Milk	17 Chicken Nuggets French Fries Salad Fruits Milk	18 Macaroni & Ground Beef Caesar Salad Fruits Milk	19 Sandwich Ham & Cheese Chips Fruits Milk	20 Turkey Mashed Potatoes Corn Fruits Milk
NO SCHOOL				
30 Soft Tacos Chips Salad Fruits Milk				

PK3-PK4 Daily Lunch Cost \$3.75
Kinder-8th Daily Lunch Cost \$4.75