



MOTHER OF OUR REDEEMER

CATHOLIC SCHOOL

September Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Macaroni & Cheese Caesar Salad Fruits Milk	2 Rice & Chicken Sweet Plantains Garden Salad Jell-O Milk	3 Sandwich Cheese, Ham, Turkey Chips Fruits Milk
6 NO SCHOOL Labor Day	7 Peppered Steak White Rice Black Beans Fruits Milk	8 Chicken Tenders French Fries Salad Fruits Milk	9 Baked Ziti Garden Salad Fruits Milk	10 Grilled Chicken Yellow Rice Garden Salad Jell-O Milk
13 Macaroni & Ground Beef Vegetables Fruits Milk	14 Chicken Teriyaki White Rice Garden Salad Fruits Milk	15 Hot Dogs Chips Salad Fruits Milk	16 Shredded Beef White Rice Red Beans Jell-O Milk	17 Chicken Fajitas Chips Garden Salad Fruits Milk
20 Steak Sandwich Salad Chips Fruits Milk	21 Chicken Nuggets French Fries Salad Fruits Milk	22 Spaghetti & Meatballs Green Beans Garlic Bread Milk	23 Baked Chicken White Rice Black Beans Sweet Plantains Fruits Milk	24 Pasta Alfredo Caesar Salad Fruits Milk
27 Chinese Rice Sweet Plantains Salad Jell-O Milk	28 Hamburger French Fries Garden Salad Fruits Milk	29 Chicken Fricassee White Rice Vegetables Fruits Milk	30 Baked Ziti Garlic Bread Caesar Salad Fruits Milk	

PK3-PK4 Daily Lunch Cost \$3.75
Kinder-8th Daily Lunch Cost \$4.75