



# MOTHER OF OUR REDEEMER

## CATHOLIC SCHOOL

### September Lunch Menu

| MONDAY                                                               | TUESDAY                                                           | WEDNESDAY                                                 | THURSDAY                                                           | FRIDAY                                                           |
|----------------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------------|
|                                                                      | 1<br>Chicken Fajitas<br>Chips<br>Salad<br>Fruit<br>Milk           | 2<br>Macaroni<br>Ground Beef<br>Salad<br>Fruit<br>Milk    | 3<br>Chicken Teriyaki<br>White Rice<br>Broccoli<br>Fruit<br>Milk   | 4<br>Chicken Nuggets<br>French Fries<br>Salad<br>Fruits<br>Milk  |
| 7<br><b>NO SCHOOL</b>                                                | 8<br>Chinese Rice<br>Sweet Plantain<br>Salad<br>Fruit<br>Milk     | 9<br>Baked- Ziti<br>Caesar Salad<br>Fruit<br>Milk         | 10<br>Ground Beef<br>White Rice<br>Black Beans<br>Fruit<br>Milk    | 11<br>Ham & Cheese<br>Chips<br>Salad<br>Fruit<br>Milk            |
| 14<br>Turkey Meatballs<br>Spaghetti<br>Caesar Salad<br>Fruit<br>Milk | 15<br>Grilled Chicken<br>White Rice<br>Red Beans<br>Fruit<br>Milk | 16<br>Soft Taco<br>Chips<br>Salad<br>Fruit<br>Milk        | 17<br>Shredded Pork<br>White Rice<br>Black Beans<br>Fruit<br>Milk  | 18<br>Alfredo Pasta<br>Garlic Bread<br>Broccoli<br>Fruit<br>Milk |
| 21<br>Chicken Fricassee<br>White Rice<br>Vegetables<br>Fruit<br>Milk | 22<br>Macaroni & Cheese<br>Salad<br>Garlic Bread<br>Fruit<br>Milk | 23<br>Chicken Sandwich<br>French Fries<br>Fruit<br>Milk   | 24<br>Beef Fricassee<br>White Rice<br>Black Beans<br>Fruit<br>Milk | 25<br><b>PIZZA</b>                                               |
| 28<br>Spaghetti<br>Ground Beef<br>Vegetables<br>Fruit<br>Milk        | 29<br>Rice & Chicken<br>Sweet PLantain<br>Salad<br>Fruit<br>Milk  | 30<br>Hamburger<br>French Fries<br>Salad<br>Fruit<br>Milk |                                                                    |                                                                  |

**PK3-PK4 Daily Lunch Cost      \$5.50**  
**Kinder-8<sup>th</sup> Daily Lunch Cost      \$6.50**